

# MICHAEL SHEPPARD (BC #2055)

PhD, R. Psych, R. Psych

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## EDUCATION

- PhD in clinical psychology at the University of Saskatchewan in 2010; I was in the forensic psychology and in the health and personality psychology laboratories there.
- Post-doctoral fellowship at the DBT Centre of Vancouver in 2013.

## AREAS OF SPECIFIC TRAINING

- **Correctional psychology**
- **Psychological assessment**
  - Violence risk
  - Sexual violence risk
  - General recidivism
  - Psychopathology
  - Personality and personality disorder
  - Intellectual functioning
- **Psychological treatment**
  - Crime and recidivism
  - Psychological disorders including personality disorders
  - Psychodynamic psychotherapy
  - Dialectical behaviour therapy
  - Individual psychotherapy
  - Group psychotherapy and skills training

## TRAINING PROVIDED IN THE FOLLOWING AREAS

- Assessment and treatment of adult male offenders (sexual offenders, violent offenders, general criminality)
- Managing emotional responses to difficult populations
- Personality and personality disorder
- Other areas of clinical forensic psychology with advance notice

## RESEARCH INTERESTS

- **Presentations at national and international conferences on a wide variety of topics including:**
  - Offenders (sexual, violent, general)
  - Assessment (of recidivism risk, personality)
  - Psychopathology (theory and case presentations illustrating concepts)
  - Psychotherapy (different approaches)